

Helena Paris News

Resolve right now to make a change in your life!

August '10

A message from Helena...

Hello and a warm welcome to our August Newsletter.

I hope you've all had a wonderful summer so far. The weather has been very kind to us – school is out and hopefully life will slow down for a while and give us all a chance to breathe and take stock.

This month we look at careers - are you in the right job? Does your career need a new direction? It's easy to get disheartened in the current climate but finding the right job for you is so important.

The ancient Chinese philosopher Confucius said "Find a job you enjoy and you'll never work a day in your life."

"It was life changing" looks at jealousy. Occasional jealousy is natural and can keep a relationship alive, but when it becomes intense or irrational it can seriously damage a relationship.

I came across a wonderful quote today: "Be secure in the knowledge that you can deal with anything that happens to you. Have the courage to bet on your ideas. Take some calculated risks and act on your dreams. There is no permanent security on this earth; there is only opportunity."

Wishing you a happy and fun filled June.

Love Helena x

Why not call today on
0800 970 2100



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15 minutes for £15

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Relationships....

A New Career Direction

How long has it been since you asked yourself what you want to be when you grow up?

If you haven't considered the idea since you left school, then it may be that you have settled into a job that is not fulfilling and that is not making you happy.

Now may be the time to take your career in a new direction...

- What do you really want? This may take a bit of soul searching, but you really need to figure out what you want to decide whether you are in the right career. What motivates you? What are your interests?
- Your current job – do you feel happy and fulfilled or just stressed and bored? Do you feel appreciated? What do you actually enjoy about your work? The money? Your colleagues? The perks? Deciding what you love or loathe about your current job will help you realise your options.
- Your future – what do you visualise in your future? What do you want for your life and career? Don't be restricted by what you think you can do – this is the time to use your imagination and decide what YOU want!
- What can you offer? Make a list of all your skills and personal qualities that make you worth employing? It will do wonders for your confidence, but it will also show the areas where you need to make improvements.
- Make a plan – Write it down.....What are you going to do? How are you going to do it? When are you going to do it? What help do you need?
- Talk to other people – talking helps clear your mind... but it also may be that your friends have contacts that can help you.

There is a career out there for us all to find but rarely do they come and find us, so we have to take the initiative! With a little thought and self analysis we can take a lasting and purposeful step forwards in our career. Good luck!

5 mins of talk time, absolutely free!



This month if you quote "N5" to one of our receptionists you'll automatically get 5 minutes added onto any length booking that you make.

For example, call and book a 20 minute reading, quote "N5", and your 20 minutes will automatically become 25. It's as simple as that! In £££s this is just like being given £7.50 of talk time for every booking you make, just don't forget to quote "N5". Have a great month of August, and enjoy your free minutes on us!!

To book just call 0800 970 2100 and speak to one of my receptionist or visit www.helenaparis.com now.

Enjoy your reading and please remember to let me know of the experiences you have on the lines. Many people enjoy reading about, and learning from other's experiences so please keep them coming! Feel free to send them to my personal email address helenaparis@hotmail.co.uk

If you haven't already visited our improved and updated website at www.helenaparis.com then log on and have a look! There are new articles, great daily astrology updates, access to the monthly newsletters, and plenty more!

Remember, if you ever have any feedback about the new website, or anything else then please do let me know! Your thoughts and opinions are valuable so please just email me at helenaparis@hotmail.co.uk



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Our readers



Francine : 4248 - Clairvoyant

Francine is a wonderful Clairvoyant who has many clients when they have felt their most vulnerable. Francine gives you confidence with what she picks up around you, that you are talking to the right reader. Francine is very popular with clients wanting answers with affairs of the heart and all family matters. Feel better now by giving Francine a call.



Jessica : 4285 - Clairvoyant

Jessica is a warm and understanding Clairvoyant whose sensitive readings have helped many clients who are going through a difficult time. She is also a past lives consultant and dream analyst who believes strongly that both have much to tell us about our present situation. Often consulted about emotional, relationship and financial issues, Jessica is a gifted all-round Psychic; able to explore in depth whatever most concerns you at the time. A call to her will leave you feeling as though you have been speaking to a kind and wise friend.



Romea : 4255 - Clairvoyant

Romea is a very talented Clairvoyant who has helped many clients over the years. Romea will give you many details about not only the present but most importantly the future. Romea is able to look into any area of your life specializing in relationships, so be prepared to be amazed.



Isobel : 4336 - Clairvoyant & Medium

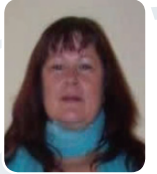
Isobel has been working as a professional Medium for almost 30 years and has a reputation for being one of the best. Isobel is also a natural Clairvoyant who is particularly popular with looking at relationships and work issues. Isobel is a very honest reader who will tell you exactly what she sees however difficult.

Jo is an experienced natural Clairvoyant that has the reputation of giving a very detailed reading. Jo is fantastic when looking at how a person is really feeling and what that person is going to do next. Are you confused about someone's behavior? Are you fed up with waiting? Call Jo she will give you the answers you need.



Jo : 4263 - Clairvoyant

Georgina is a natural Clairvoyant who has been working professionally for over 20 years. Georgina is well known for her accuracy and timing. Georgina doesn't need to ask questions and the information she gives is never general or vague. Georgina is experienced in all areas of life especially career and relationships.



Georgina : 4322 - Clairvoyant

Shaz enjoys using her exceptional gifts of clairvoyance, mediumship and healing to help others. "It is what I was meant to do", she says. Working closely with Spirit, she has enabled many people to come to terms with the loss of loved ones and move forward. Shaz can consult her Tarot and Angel cards if requested and she can also advise on psychic protection. As well as giving sensitive and positive life-path guidance on any issue, friendly Shaz can help you to discover and develop your own psychic and spiritual nature.



Shaz : 4277 - Clairvoyant & Medium

Zeldi is an experienced natural clairvoyant, astrologer and dream interpreter. Zeldi is very talented when using Tarot Cards and Crystals. She is able to answer any questions you may have on money, work, love, luck and your future; by tuning in to you and those around you with great accuracy.



Zeldi : 4310 - Clairvoyant, Astrologer & Dream Interpreter

Louise is a Natural Medium, Clairaudient and Clairsentient. You will feel at ease instantly with Louise. Louise is especially popular with clients who are feeling very confused and anxious about the future. Louise likes to look at things in a very straight forward manner and will give you answers that you can understand however complicated life seems. Louise is a very warm and caring reader who is always ready to listen.



Louise : 4320 - Clairvoyant & Medium

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Astrology 08/10

by Justin Toper

ARIES (21 March-19 April)

Don't forget Jupiter in Aries is challenged by Pluto as early as the 3rd of August. Therefore, others aggressive behaviour may force you to marry in haste or work for someone else. However, the period around the New Moon on the 10th is when you might want to hurry up a romance. Seriously though, there is a lot going on beneath the surface. Indeed, what emerges around the 24th or 26th could leave you shocked and dismayed. More likely, this is one challenge you needn't steer clear of. You are about to become a major figure.

TAURUS (20 April-20 May)

Ok, what takes place out of the blue as this month commences may leave you feeling like an outcast. But there is still a lot to explore, even if at times you don't move far from base. Only, for some reason, you will happily go home around the 10th. And yet, you could still say that your domestic life is a series of escapades. However, no doubt once the Sun enters Virgo on the 23rd, you should manage to express your love in another area. Perhaps you finally know your place?

GEMINI (21 May-20 June)

Don't worry if you get your fingers burnt early this month. At least, you know where your real friends are! But nobody really knows what's on your mind. Simply that a brilliant New Moon on the 10th is when reality and fantasy merge as one. To be honest, your feet may not touch the ground for some time. However, there is bound to be a family celebration towards the end of August. Who says you are wasting your life, especially as a move means everything to you.

CANCER (21 June-22 July)

At times, partners, those in authority or family members may be on your case. Not that you will have to live under reduced circumstances. Indeed, what is agreed around the 10th of August could yield a great deal. Not only that, but you can expect to change your schedule quite a lot once the Sun changes signs on the 23rd. Whilst, the Full Moon in Pisces a day later is when you will really be strutting around. And it doesn't matter if you don't travel. But the closer you get to another person, the better.

LEO (23 July-22 August)

Your heart may be ablaze, but it's virtually impossible to make any firm plans as this month gets underway. No matter. True, a brilliant New Moon in Leo on the 10th could make you even more impractical when dealing with intensely personal issues - but ultimately so happy. Apart from that, not until around the 20th will you decide whether you want to be single or not. After which, you will be a giver and a receiver, and certainly going where the smart money is.

VIRGO (23 August-22 September)

Forget about any personal mistakes, even if you end up slightly out of pocket. But you can expect some startling results or revelations in about 10 days time. It's something other than money. However, once the Sun enters Virgo on the 23rd, and is magnificently aspected by Pluto in Capricorn on the 26th of August, you won't complain about not having a personal life. Instead, you could be elated, even if you are under pressure to conform.

LIBRA (23 September-23 October)

By nature you may be gentle and timid. However, the influence of Mars in Libra, as early as the 4th of August could have a profound effect on your personality. Even then - a much happier chapter or cycle, personally and socially, begins about a week later. However, not until after Saturn also in Libra has opposed Jupiter on the 16th will you deliver a personal ultimatum. And you won't be delicate, but positively sunny. While what takes place behind the scenes on the 26th should make you so happy to be back to work or the family.

SCORPIO (24 October-22 November)

For some reason, you could come unstuck or wind up frustrated, and feel like running away as August begins. But stay the course. Since some kind of success or personal recognition is assured around the New Moon on the 10th. Even if on occasions life isn't perfect this month, a love story should override other events. This could be one romance you can tell your children about - especially on or around the 24th. Still, it looks like you have scored.

Resolve now to make a change in your life!

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SAGITTARIUS (23 November-21 December)

Tense aspects to Jupiter your ruler on the 3rd and 4th will probably only make you more fearless and twice as devoted. Don't allow yourself to feel trapped. If anything, a marvelous New Moon in Leo on the 10th of August will enable you to plan your escape, even if you have to travel alone. True, the period around the 20th is when a distant prospect might disappear. No matter. Because there is something much better on the horizon on the 26th. It's a massive offer, despite being on a small budget.

CAPRICORN (22 December-20 January)

The influence of Pluto in Capricorn doesn't exactly make you a push over - particularly when it comes to your future. Nor should you fret if you are made to stand on your own feet as August commences. In fact, you should receive a serious offer around the 10th. That's not the only reason for pushing the boat out. Keep in mind that a power struggle won't be resolved until the 16th or 21st. After that, it's time to move on to pastures new, if not an island in the sun. Talking of which, an emotional reunion is indicated on the 26th, and this is when bridges are mended not burned.

AQUARIUS (21 January-18 February)

Truth to tell, there is no point moving from one place to the other, and it may be a question of isolating yourself as this month begins. Nevertheless, you will realise just how devoted partners or other individuals are, especially around the New Moon on the 10th. But what is also unfolding is so intriguing, even if you are still waiting for doors to open. No doubt you will safely land, if not end up keeping all your money or airmiles. Either way, what is agreed on or prior to the 26th will help to maintain your standard of living, and even enjoy some health benefits you weren't expecting.

PISCES (19 February-20 March)

This could be an expensive time, and when you must resist the temptation to spend. Still, it's not only friends or close companions that are a liability as August commences. Mainly you will be given a new role around the 10th, and it doesn't feel like work. But what transpires around the 20th may not increase your sense of self worth. However, for intensely personal reasons, it will probably be what occurs around the Full Moon in Pisces on the 24th that forces you to act, and silences those who think you are passive.

It was life changing...

I had been dating a beautiful girl for about six months – she was so gorgeous and I loved her very much, however, we were starting to argue a lot and I was afraid she was going to leave me.

It was jealousy. I was fine at home but as soon as we were out socialising I seemed to lose control. I'd get angry when other men would talk to her – I was afraid she was going to leave me for one of them.

She was getting so upset with my behaviour, why couldn't I just be proud to be out with her and enjoy myself.

I knew she was right but I needed to talk with someone who wasn't emotionally involved, so one evening I plucked up the courage to make that call.

It was the good sharp kick that I needed. My girlfriend was getting tired of my possessiveness and she was going to leave me!!

But it was down to me to change all that. I had time to change the situation and show her that I trusted her, and trusting her was a sign that I respected her.

Since that time I have realised how lucky I am. She chose me and wants to be with me! I am proud to take her out with me and we enjoy each others company. I have also taken the time to work on my confidence and have realised that I'm really an "okay kind of bloke" ha! and she's lucky to have me too

Helena Paris

Why not book a phone consultation online at
www.helenaparis.com

0800 970 2100

(pay via credit/debit card. 20mins for £29.99 or
30mins for £39.99)

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(pay via phone bill for this consultation)

sms services

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to 78887**



Calls cost £1.50/min. Calls are recorded and over 18's only.
PO BOX 10015, Chelmsford CM1 9HH.
Text cost £1.50 per message.
Messages may be more than one reply in length.
Accuracy cannot be guaranteed.