

Helena Paris News

Resolve right now to make a change in your life!

October 09

A message from Helena

Hi there and welcome to this months newsletter

Wow! Can you believe it's October already... where does the time go? Recently i've been thinking about how precious time is – if you're like me there are never enough hours in the day to do everything. How many of us get disappointed and frustrated by this? In today's hectic lifestyle we're so busy doing other things, that it's easy to miss out on what is important. Our readers are always there to help you focus on those things so please give us a call.

This month we talk about facing troubles head on... persevering and moving forward. When the world says "Give up", hope whispers "Try it one more time".

In our regular feature "It was life changing", we look at the subject of divorce and how one client felt stuck in the middle of his feuding parents.

May you have the courage to take control of your life in whatever direction it needs to go.

Love and best wishes,

Love Helena x



In this issue:

Relationships

See it through!

Oct' Special Offer

Readings £1 per minute

Our Readers

Astrology

It was life changing....

Why not call today on
0800 970 2100

Relationships....

....See it through!

Many of you have recently expressed your concerns to me about the general doom and gloom in the world today, especially in the light of the current recession. It's at times like this that it's easy to feel hopeless and helpless, but good times will always follow the bad – it's just a matter of holding on and seeing it through.

When you're up against a trouble,
Meet it squarely, face to face;
Lift your chin and set your shoulders,
Plant your feet and take a brace.

When it's vain to try to dodge it,
Do the best that you can do;
You may fail, but you may conquer -
See it through!

Black may be the clouds about you
And your future may seem grim,
But don't let your nerve desert you;
Keep yourself in fighting trim.

Even hope may seem but futile,
When with troubles you're beset,
But remember you are facing
Just what others may have met.

You may fail, but fall still fighting;
Don't give up, whatever you do;
Eyes front, head high to the finish –
See it through

If you're finding it hard to face life's troubles remember my gifted readers are always on hand to help lift your spirits.

Readings for £1 per minute!



Many of you call my team for guidance a number of times each month and each time you call, you make a separate booking. To bring the cost down for you, as well as making it a whole lot more convenient - in September you can make bookings that will bring the cost of your reading down to just £1 per minute.

Rather than phoning on 3 different occasions to make 3 separate 20 minute bookings, in September you can call just once and book 60 minutes of talk time for just £60.

You don't have to use all of these minutes all at once, you can split it into 3 x 20 minute readings, making a total saving of £30. This saves you making 3 different bookings, and knocks a third off the cost!

Just call **0800 970 2100** and one of my receptionists will make your booking for you.

I hope this kind of offer makes things more convenient for you phoning my readers, but please don't hesitate to let me know any feedback you have. Please let me know any good experiences you have with my team, or maybe you've thought of something that I haven't! Please feel free to send me an email at my personal email address and let me know. It's helenaparis@hotmail.co.uk



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Our readers



Jessica : 4285 - Clairvoyant & Medium

Jessica is a warm and understanding clairvoyant medium whose sensitive readings have helped many clients who have recently been bereaved. She is also a past lives consultant and dream analyst who believes strongly that both have much to tell us about our present situation. Often consulted about emotional, relationship and financial issues, Jessica is a gifted all-round psychic; able to explore in depth whatever most concerns you at the time. A call to her will leave you feeling as though you have been speaking to a kind and wise friend.



Shelly : 4304 - Clairvoyant & Medium

Shelly is a very popular psychic whose own life experiences have strengthened the powerful gifts of clairvoyance and mediumship that she was born with. Using no cards, or any other aids, she will go straight to the heart of your situation, giving you details that will convince you that she has made a genuine link. Honest, empathic and down to earth, Shelly reads at a very deep level whatever the issue - emotional, relationship or general. Why not let her bring clarity and hope into your life with her positive guidance?



Jennifer : 4242 - Clairvoyant

Down to earth, gentle and kind, Jennifer is a natural clairvoyant who will give you true direction without asking a lot of questions. In fact you will be the one asking the questions because she will channel so much information about your situation. Jennifer can also consult her Angel Cards if you wish. Empathic and completely non-judgemental, she is a very good listener - you can tell her anything you like and be sure of receiving sympathetic guidance. A reading with Jennifer will leave you with understanding, clarity and genuine hope.



Romea : 4255 - Clairvoyant

A talented and highly experienced predictive clairvoyant, Romea has helped many people to move on from difficult situations by uncovering the root causes of their problems and showing them how to get rid of the negative energies that are holding them back. Strongly intuitive and very understanding, she is also an astrologer and Tarot reader. When exploring relationship issues Romea will always see beyond the immediate picture to give you an extremely rounded and detailed reading. Above all, she aims to help her clients to improve and enrich their lives.



Shaz : 4277 - Clairvoyant & Medium

Shaz enjoys using her exceptional gifts of clairvoyance, mediumship and healing to help others. "It is what I was meant to do", she says. Working closely with Spirit, she has enabled many people to come to terms with the loss of loved ones and move forward. Shaz can consult her Tarot and Angel cards if requested and she can also advise on psychic protection. As well as giving sensitive and positive life-path guidance on any issue, friendly Shaz can help you to discover and develop your own psychic and spiritual nature.



Francine : 4248 - Clairvoyant

A wonderfully understanding clairvoyant with over 35 years' experience, Francine is well-known for bringing comfort and reassurance to her clients when they are feeling at their most vulnerable. She wastes no time in getting to the heart of your situation and the details that she is channelling will quickly convince you that she has a strong and genuine link. Francine is also a gifted Tarot reader. Especially popular for her accurate insights into family matters and affairs of the heart, she will help you to move forward with confidence whatever your concerns.



Isobel : 4336 - Clairvoyant & Medium

Isobel has been working as a professional Medium for almost 30 years and has a reputation for being one of the best. Isobel is also a natural Clairvoyant who is particularly popular with looking at relationships and work issues. Isobel is a very honest reader who will tell you exactly what she sees however difficult.



Louise : 4320 - Clairvoyant & Medium

Louise is a Natural Medium, Clairaudient and Clairsentient. You will feel at ease instantly with Louise. Louise is especially popular with clients who are feeling very confused and anxious about the future. Louise likes to look at things in a very straight forward manner and will give you answers that you can understand however complicated life seems. Louise is a very warm and caring reader who is always ready to listen.



Joanna : 4309 - Clairvoyant & Psychic

An experienced and very popular psychic clairvoyant, Joanne works closely with her spirit guides to channel the information and insights that her clients most need to hear at the time of their call. She is also a highly intuitive Tarot reader. Although often consulted about relationships, both personal and professional, Joanne is a gifted all round reader who welcomes questions and gives honest and clear answers. Friendly and approachable, she has an enviable reputation for making people aware of all their options and bringing more direction into their lives.

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October 10/09

by Sally Kirkman

ARIES (21 March-19 April)

Be productive now and you can make progress at work and at home and even combine the two. On this note, if you decide to pick up the pieces from an unfinished project back in August, you'll be successful second time around. Start to realise how important other people are to your success and be ready to deal with the battles that lie ahead.



TAURUS (20 April-20 May)

You may already know that a period of hard work is imminent and, if so, the more you focus on creating harmonious relations at work this month, the better. If you are starting building work or there are other significant changes at home or within your family, do be aware that this will be a long project. Pace yourself and be determined to keep the peace.



GEMINI (21 May-20 June)

A home, property or family matter picks up speed as the month begins and it may feel like a case of déjà-vu. Pay whatever expenses are necessary to ensure you complete a project swiftly. This is even more important if your home life is starting to interfere with your work. Make plenty of time for fun and entertainment as well and enjoy yourself.



CANCER (21 June-22 July)

If you're feeling bolshie, put your driven energy to good use and sort out any problems at home or within your community. At the end of the day, you're happiest when harmony reigns so ensure you do your bit to create a peaceful environment for you and your family. A desire to settle down or put down roots will intensify as the month progresses.



LEO (23 July-22 August)

Take life easy as October begins and pace yourself. Mid-month things will begin to pick up speed whether you meet someone and fall head over heels in love or you're enticed by an offer you can't refuse. As the warrior planet, Mars, takes residence in your sign for a lengthy seven-month stint, you'll achieve most by being direct, enthusiastic and formidable.



VIRGO (23 August-22 September)

This is the time to get your house in order and most importantly make sure you do everything by the book. Complete any outstanding projects and create some time and energy for the things you really want to do. You may feel flush financially but be prudent and wait to see what the end of the year brings. Love is as ever full of ups and downs.



LIBRA (23 September-23 October)

There's a real sense of movement in your chart this month and the focus is on you. Put your own interests first and advance your own goals and ambitions. A new responsibility or promotion will soon be yours and possibly by the end of the month. It's one of the hardest things you'll ever do but the rewards outweigh the time and effort involved so knuckle down.



SCORPIO (24 October-22 November)

This is an intriguing month and you'll benefit by spending more time than usual in your own company. It's a chance to really get to know yourself and thus what you want out of life. Mars enters your career zone on the 16th and will remain there until next spring so if ever there was a time to discover your true vocation it's now. Be all who you are.



SAGITTARIUS (23 November-21 December)

October could signal the end of the road for an ongoing commitment, job or work project and you'll be ready to let go and move on. Friends and your social life will become your source of fulfilment so don't worry about feeling lonely and seek out like-minded people in your immediate environment. Join a forum or sign up to a social media site and reach out to others.



CAPRICORN (22 December-20 January)

If you're in a relationship that's more of a battle than a breeze, you must find a way to create a more stable lifestyle for yourself, whether that means counselling or moving on. Work and responsibility will increase the pressure upon you as the month continues and being a reliable character you'll want to do justice to your situation and prove your mettle.



AQUARIUS (21 January-18 February)

Your desire for freedom is strong and you should find ways to broaden your horizons and become a student of the world. Travel, education and spirituality will enrich you and enhance your prospects. A significant relationship, whether personal or professional, will turn into a steep learning curve after the 16th. Use this opportunity wisely.



PISCES (19 February-20 March)

You may feel as if you're going over old ground where a relationship's concerned. If so, it's time to realise that you can't keep hitting your head against a brick wall. Be true to yourself and look at what alternatives there are to improve your situation. Too much stress will affect your health and learning to relax is the key to your well-being.



It was life changing...

When I was in my late teens my Mum and Dad started to become very critical of each other. There were arguments and tears. They would say things that hurt – and they knew what to say.

By the time I was in my twenties, they finally separated. I remember at the time feeling like I had to fix it as I loved my parents and wanted them to be together. I tried so hard to make them look at the good things in their marriage but there was such deep unhappiness and anger on both sides. Both my Mum and Dad went to unbelievable effort to convince me that they were not to blame and the other person was in the wrong.

When I finally realised they were going to divorce, I couldn't believe it. I felt so responsible "Why me? Why can't I do something to help them?"

I had a very good friend who advised me to talk to a psychic who had helped her through a particularly bad situation. Through our conversations I realised that there was a future for me, whether my Mum and Dad were together or not. My responsibility as a son was still to love my parents but not to get involved in their issues. I found the courage to tell them that I loved them both and for that reason I wouldn't take sides. Initially my parents did not like that but over time they came to respect my decision.

Resolve now to make a change in your life!

www.helenaparis.com
0800 970 2100 or 0906 122 2040

Helena Paris

Why not book a phone consultation online at

www.helenaparis.com

0800 970 2100

(pay via credit/debit card. 20mins for £29.99 or
30mins for £39.99)

0906 122 2040

(pay via phone bill for this consultation)

sms services

**Text 'hope' + your
burning question to 78887**

A decorative illustration at the bottom of the page featuring a dark green background with a brown wavy line at the bottom. It includes several white flowers of different sizes, some with green centers, and two white butterflies. There are also some small brown dots and swirls.

Calls cost £1.50/min. Calls are recorded and over 18's only.
PO BOX 10015, Chelmsford CM1 9HH.
Text cost £1.50 per message,
Messages may be more than one reply in length.
Accuracy cannot be guaranteed.